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## **Support for Those Affected by Reductions in Force (RIF) – 20% Off Individual Therapy & Medication Management**

At Gladstone Psychiatry & Wellness, we understand these are uncertain and challenging times. Research shows that employment and financial stressors have a profound impact on mental health, affecting both individuals and their families.

To support federal employees impacted by Reductions in Force (RIF) and their immediate families, we are offering a 20% reduced self-pay rate on Individual Therapy (Non-DBT) and Medication Management services through June 1, 2025.

While things may feel uncertain right now, you can count on Gladstone's compassionate and skilled team to support you and your family through this difficult time with care and understanding.

For more information or to schedule an appointment, contact Gladstone today at:

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Phone: 443-708-5856

Website: [www.gladstonepsych.com](http://www.gladstonepsych.com)