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February 24th, 2025

To Whom It May Concern:

We hope this message finds you well. We are writing to inform you about an important change regarding your healthcare coverage with us. After careful consideration, we have made the decision to discontinue our participation in the EHP network, effective June 1, 2025. This means that we will no longer be in-network with your insurance plan.

Please know that we value your trust in us as your healthcare provider, and this decision was not made lightly. We want to assist you during this transition. While we will no longer be considered in-network, we are still happy to provide care for you. However, as we will be an out-of-network provider with EHP, your insurance benefits may be affected and you may need to pay a larger portion of your medical bills directly. We recommend reaching out to your insurance company for details regarding out-of-network coverage.

If you need help with your transition or have questions regarding your care options, please don't hesitate to contact our office at 443-708-5856. Our team is here to assist with any billing questions, help you find alternative in-network providers, or explore other solutions that can help manage your healthcare needs.

If you prefer to find a different psychiatric provider, here are some alternate practices in our area that may accept your insurance (in no particular order):

Sheppard Pratt Outpatient Mental Health Centers
<https://www.sheppardpratt.org/care-finder/outpatient-mental-health-centers/>
410-453-9553 ext. 6400 (Baltimore) | 410-740-1901 (Columbia) | 301-840-3200 (Gaithersburg)

University of Maryland Outpatient Clinics
<https://www.umms.org/health-services/outpatient>
410-328-6325 (Baltimore)
They also have several other sites throughout Maryland.

Johns Hopkins Outpatient Clinics
https://www.hopkinsmedicine.org/psychiatry/patient_information/outpatient_clinics.html
410-955-3862 (Baltimore)
They also have several other sites throughout Maryland.

We are grateful for the opportunity to have been a part of your mental health journey. We truly appreciate your understanding, and we are committed to ensuring a smooth transition for you during this change. Thank you for being a valued patient. We look forward to continuing to serve your healthcare needs.

Sincerely,
Gladstone Leadership Team